I just returned from the Western Horse Expo in Sacramento where our booth handled a good number of visits and inquiries. We could not have accomplished this without the number of volunteers that spent time in the booth over the three days. I would like to thank those people: Carolyn Hendrickson, Greta DeGraeve, Cheryl Caldwell, Rita Cassibba, Brandy Fraser, Diane Medlock, Linda Quattlebaum, Brenda Duncan, Susie & Kristina Lopez, Rene Sporer, Erin Vannucci, Casey Raubach, Leticia Ramirez, & Geri Orthmeyer.

Special thanks to Pam Perdue and “Hope for Horses” for the Horsemastership Demonstrations over the weekend at the Expo. These were highly attended and also brought a number of people to our booth inquiring about information on our program.

The Website address has been transferred to www.californiastatehorsemen.org and redirect if .com is used. The site is moving along well and things are being added continually. If you find something needs to be added or corrected, contact Diane Offutt at offuttdiane@gmail.com.

Also our Facebook page “California Horse Rider” will remain active.

All for now!

James Hendrickson
Hello CSHA Members,

It has been quite the month! All of the royalty had so much fun in Golden Gate Fields for Day at the Races! In attendance was Mia Terry, Jr. Miss CSHA; Cassi Meyers, Miss CSHA Region 18; Brooke Bey, Jr. Miss CSHA Region 18; Alexis Frank, Little Miss CSHA Region 18; Shae Wilkerson, Jr. Miss CSHA Region 4; as well as previous royalty Mary Homicz, Jr. Miss CSHA 2015 and Ginny Herron, Little Miss CSHA Region 5, 2015! We mingled with the excited crowds and spoke about our organization, held the annual hat contest, and awarded some fun prizes to the winners! In addition, we got to take a picture with the winning jockey who traded his riding helmet for Mia’s hat and crown in one of the pictures. It was a day full of joy, silliness, good food, and of course, horse racing!

CSHA was beautifully represented in the Cottonwood Rodeo Parade and Grand entry by all of the Region 18 Royalty. Thank you Region 18 for representing us well, and thank you Cassi, the Region 18 Miss, for leading the crew!

I attended the 2016 State Championship Drill Team awards ceremony at Diamond Bar Arena in Ceres where I was honored to draw the raffle tickets that awarded the Stice family a trip to Disneyland, and the 2nd and 3rd place prizes to Brenda Gomez and John McGuire! The Drill awards were beautifully made, and included some fun historical trophies, which I was able to hand out to all of the hard working teams and riders. The Blue Shadows were named the Grand Champions, CONGRATULATIONS!

The State Parade in Chowchilla was quite the event! We had wonderful weather and I had so much fun decorating my sweet and willing horse, Gabby, to be as patriotic and eye-catching as possible. It payed off when I was awarded the Junior Sweepstakes Trophy! The awards banquet and raffle was so lovely and well put together! I believe that everyone in attendance enjoyed it immensely after the long, but fun morning of parading. Thank you to the judges who made sure that everyone was safe before beginning the route!

Right after the State Parade, I graduated from high school and am beyond excited to be attending Cal Poly, San Luis Obispo in the Fall!

I was unable to attend the Special Olympics Southern California Summer Games or the Sacramento Horse Expo due to a surgery that has put me out of commission for about two months. While this is disappointing, the Special Olympics leadership in Southern California has invited me to join them in some of their other events when I am feeling better, and I cannot wait!

I am continuing to post pictures and videos from all of the events that the royalty has attended on my Facebook page Kate Sorel, Miss California State Horsemen's Association 2016 and on my Instagram page MissCSHA2016. As the season for regional royalty competitions approaches (late August and early September) we are looking for potential royalty candidates! If you know of any young ladies or young men between ages 7 and 17 that are interested, please refer them to the Royalty page on the website CaliforniaStateHorsemen.com and encourage them to check out my Facebook and Instagram pages listed above!

Happy Summer!

Kate Sorel / Miss CSHA 2016
PARADE

Congratulations to all of you for making such an outstanding appearance in Chowchilla in May for our State Parade. The weather could not have been any more pleasant and I am certain you agree that the food and silent auction items were our best yet. Thank you all for supporting your program all year long.

The Chowchilla Spring Festival’s 70th Anniversary Most Outstanding Equestrian Frank Bollinger Perpetual Trophy and $100 was earned by John Cabral’s Four Horse Hitch from Turlock which is sponsored by Wilber Ellis Company. The Fair’s $50 prize and Junior Sweepstakes Trophy was presented to Miss CSHA Kate Sorel of Oakland.

Our CSHA Scheurer-Stankley Sweepstakes Perpetual Trophy was Awarded to Alameda Sherriff’s Posse (see below). Kelly Anne Patten of Dixon earned the Paul and Lottie Miles Junior Achievement Award.

Another CSHA Perpetual Award was the Bob McMackin Punchbowl silver set awarded through member’s nominations presented to Alice Lawellin of Manteca. Earned also through voting was the Dino Horse Award which went to Leroy Vierra’s great horse Prince from the Merced County Sheriff’s Posse.

The Overall High Point Buckle was earned by Corky Fellingham of Livermore. The award this year was made even more special by Corky’s granddaughter, Payton Gillians of Tracy, winning the Jr. High Point Buckle and the Hank and Alice Jr. Trophy as well!

Many thanks to our Judges, Alice Lawellin of Manteca, Paulette Webb of Clayton, and Cindy Ann North of Riverside. Their clerks did a fine job, thank you Cheri Whipp and Fred North. Time West, State Patrol drove over 500 miles from Fieldbrook to help us have a safe day. The Back Country Horsemen, Mid Valley Unit impressed spectators with their fine entry. Lorene Landreth brought her two horses from Wilseyville and supported our event.

All of the past Sweepstakes and Overall High Point Winners in attendance at the Awards Banquet were awarded certificates and bouquets in appreciation for their excellence. Very special recognition was given to Mike Bishop of Farmington who is the only member to ever win both the Overall High Point and the State Parade Sweepstakes in the same year. Mr. Claudio Arroyo from Livingston was honored by being named Sweepstakes for the State Championship for a total of six times, truly an outstanding accomplishment indeed.

We all enjoy sharing our horses along parade routes in many cities and towns throughout California. I have already received three inquiries from host cities for our 2017 State Parade. I also need photographs if you would like your group or self included in our new color Parade Program Brochure. Charlie Alamo has volunteered to create the rough draft to be presented to the CSHA Board of Directors for their approval.

Candy Graham, CSHA Parade State Chair

CSHA Scheurer-Standley Sweepstakes Perpetual Trophy Awarded to the Alameda County Sheriff Mounted Posse

The Alameda County Sheriff Mounted Posse was presented with the CSHA Scheurer-Standley Sweepstakes Perpetual Trophy at the Chowchilla State Parade on May 21. The picture on the left was taken at the Livermore Rodeo Parade on Saturday June 11, and shows the posse with the trophy. The Sheriff Posse began in 1944, and is still a dedicated group of riders with their horses, representing for the Alameda County Sheriff department. They patrol Raider games, the Alameda County Fair in Pleasanton and ride in many parades. They represent Sheriff Gregory Ahern and are under the command of Captain Linda Post.

Barbara Hoffman, Alameda County Sheriff Mounted Posse
The 2016 California State Championships were held once again at the Diamond Bar Arena in Ceres. Shane & Kim Parsons are terrific host and the facility just gets better and better every year. This was a record competition with 16 teams coming to compete for State Championships titles.

The Blue Shadows in addition to a Junior State Championship title won an astonishing 10th straight Overall Grand Champion Title holding on to the Jim Real Memorial Trophy for another year. The Smokin’ Guns came on strong to take the Reserve Champion title in addition to their Mixed Division Championship. The Senior division was very close with the Sacramento Sheriff Posse edging out the California Cowgirls for the Senior Championship Trophy. In only their second year of competition the Diamonds in the Rough repeated as Quad State Champions, and were awarded the Robert Lorbeer Spirit of Drill Trophy. Spurs N Lace repeated their Compulsory Division first place while the first year team Cavallo Cowgirls won the popular Theme Division. Historic Durham Ferry was impressive in the Novice Division to take home the First place Novice Trophy with first year team Stanislaus 4-H placing a close 2nd.

Thank you to our Judges: Alice Lawellin, Kim Cipro, Patti Souza, and doing a fine job judging her first show as a Senior Judge, Kris Hahn. Thank you again to Tracey Ramirez for her role as official Timer and helping organize the mountain of awards to be given out. We were also blessed to have CSHA President Jim Hendrickson and Carolyn Hendrickson make a visit to the competition as former drill riders themselves, they get it!

We were honored to have Miss CSHA Kate Sorel on hand to present awards and take about a hundred pictures with teams in the hot sun. She also pulled the winning raffle tickets out of the hopper as we wrapped up the 2016 CSHA Spring Raffle.

Next up is the 2016 California Coto Cup with the exciting addition of the Coto Foundation Educational Scholarship Competition. The event will take place August 6-7 at the Horse Park at Woodside. Some deserving team will take home the Coto Cup Trophy and $2000 grand prize money while the Scholarship winner will bank $1500 to $3000 towards their college education.

Jill Kraut—CSHA Drill Team State Chair
OBSTACLE CHALLENGES

OBSTACLE CHALLENGE Pilot Program is off to a great start with 2 Challenges under it’s belt.

The first Obstacle Challenge was held by Region 3 at Cottonwood Creek Equestrian with Event Managers Gail Bloxham & Tami Sandberg on May 28 & 29, 2016. There were 27 riders on the 28th and 21 riders on the 29th. Fifteen riders participated in the Jackpot event which was also a timed event with everyone cheering on the riders. Numerous riders joined the Region 3 High Point program. The raffles were also a great success There are a total of 12 Challenges scheduled for 2016 and are held at both Cottonwood Creek Equestrian and Running I Ranch. (see pictures attached to the left)

The Santa Cruz County Horseman’s Assoc. held its’ first Obstacle Challenge with Event Manager Heather Shupe, Region 5, on June 4, 2016. There were 48 riders and LOTS of interest from others. They also held a team event, which was a hoot, enhanced by riders cheering on the sidelines as teams completed each task. (see pictures below)

Thinking of putting on an Obstacle Challenge in your Region? I’m happy to help you through the process.

A facebook page has been created under the name of CSHA Obstacle Challenges – you can add photos, events or ideas – check it out!

CSHA HISTORIAN

There’s Nothing like a Personal Connection!

An expanded CSHA history is in the works and we’d like your help in filling it with memories of the special people who made a difference in CSHA. Right now we have been able to pull information about the George Cardients, Ray Stones, Vivian Ginnns, Gary Gustafsons, and others from the old newsletters I’ve been buried under, as well as the memories of a few people. But there are so many more, some of whom probably never made it into print in The Horseman or the New Horseman. But you remember.....the contributions of particular program rider, judge, chair or a parent who was always there for the Region or the State, who championed an innovative change, who was the rock upon which the program was built or grown. A picture is great with a few words about the person and why you feel they should be included in the history of CSHA. Memorable moments are also welcome....wait till you hear what the friends of Jim Real did to him at a parade! We will try to use all submissions. Please send details to Paulette Webb at paradejudge@comcast.net or P O Box 235, Clayton, CA 94517, before August 15, 2016.
CSHA HISTORIAN

Calling All Past Royalty!!!

We are preparing a little “chapter” in our CSHA History called “Bits & Pieces” which will contain stories about some of the people who have populated our past. You, as CSHA Royalty, have been in our past and are our future. We want to include you. So the question is…..What Ya Been Up To?

Please send us a short paragraph outlining what you have been doing since your Royalty reign ended.

Ideas:
Where did/do you go to college/when did you graduate?
What career path did you ultimate choose/are you working toward?
Where do you live now?
Did you go on to try for/win any other Royalty type contests?

Have you continued in the horse world and what are you doing now?
What do you think you took away with you from your time as CSHA Royalty?
We would also be interested in a photo of you……one from then or one from now.
You can send all of this to: Paulette Webb, P O Box 235, Clayton, CA 94517 or parade-judge@comcast.net.

Please send your submissions by August 15. Thank you.

AND TO THE REST OF YOU……know the whereabouts of past CSHA Royalty? Please forward this request to them. Thanks for your help!

Paulette Webb – CSHA Historian

CSHA SPRING RAFFLE

Congratulations
Daniel Stice of Livermore, you’re going to Disneyland!!!

Daniel Stice of Livermore had an exciting day at the CSHA Drill Team State Championships when Miss CSHA Kate Sorel started pulling out the winning raffle tickets for the 2016 CSHA Spring Raffle. How exciting to have Daniel and her daughter on hand when her winning raffle ticket was pulled by Miss CSHA Kate Sorel.

Several drill teams and CSHA programs sold tickets in this popular spring fundraiser that is open to all CSHA Regions and Programs.

Brenda Gomez also of Livermore won the 50” TV and John DeGuire of Somerset won the $300 Gasoline credit card. Thank you to everyone that bought and sold raffle tickets to make it a successful event.

Rikki, now a Pistol Annie, makes sure everything is on the up & up as Miss CSHA Kate Sorel draws the winning tickets.

AND THE WINNER IS ...

Thank you to the Pistol Annie Drill Team for handing out American flags when you filled out a card for our men and women in the Armed Forces at the CSHA Drill Team State Championships.
Region 11—TRAIL TRIALS

Region 11.....Trail Trials 3 Rides in 2 Days...a Success!

No, you did not misread, it is not a typo…it was 3 Trail Trial Rides in 2 days. Let’s back up to January, as I was driving up to Quarterly, I thought about the Trail Trials Program, not only in Region 11 but, throughout Southern California. I thought about the Riders that have supported the program and the 20th Anniversary of the Program. There were so many thoughts and concerns. So those thoughts and concerns, turned into questions of how and why not, which led to an outside of the box solution.

Here were the questions: How to qualify riders, for the SCE, with no Events on the Calendar? How to add to the number of Sr. Judges? How to jump start the Program? When and how to put on Events? Who would help? Where, could the rides be held? Oh, so many questions. As I drove those questions started to evolve into, what about and why not. The solution 3 Rides in 2 Days, reach out and network with other Equestrian Groups. On April 30 and May 1, at Hidden Valley, the first 3 Ride, 2 Day Trail Trials was held. The end result…Success! With the help of Char Schramm, Jack Jimenez, Cindi Paine and Deborah Hild, this Event was taking shape. One of the biggest obstacles that face us, all, is volunteers to make it happen, Volunteers, the day of the event. For this event, it would take many. I attended various meetings and talked with people, recruiting Volunteers from groups outside of CSHA, the response was overwhelming. There were Volunteers from several ETI Mounted Assistance Units, various Clubs and people just interested in helping. The volunteers came from Bakersfield, Apple Valley, Lucerne Valley and the local area.

As a result of the immense Teamwork and the willingness to help, this event was a success. Not only was it successful, it fulfilled all of the objectives and met the goals. On that weekend, there were 27 volunteers Saturday and 17 on Sunday. As a result, CSHA gained 2 new members, Region 11’s Trail Trials Program saw 6 new members, 8 riders qualified for SCE, and 2 riders from the North were introduced to riding in the South, new Competitors were introduced to the Trail Trials Program. There was a Jr. Judge, who rode, with the Sr. Judge. The, Volunteer Directory, saw many new entries, the End of the Year Judges and Competitors BBQ, now has some funds. Hidden Valley and the Hidden Valley Nature Center benefited with Donations and new rider, all because, of 1 crazy idea and the heart, of the many Volunteers. To all you on behalf of myself and the Riders…..THANK YOU.

TRAP AND TRAIL

Riders in the CSHA Trap and Trail program have been busy on the trails. Some have recently hit some milestones. Congratulations to the following members:

Roger Ward of Region 4 500 TRAP hours
Jayette Wilkerson of Region 6 1000 TRAP hours
Jennifer Arnautu of Region 12 200 TRAP hours
2016 HORSE EXPO—HORSEMASTERSHIP

We were pleased when we heard that Western States Horse Expo wanted us to come back with the grooming demo, but we were ecstatic when we heard—at the last minute— that there was a slot open and CSHA could have a riding demo for Horsemastership.

Thanks to Pam Perdue and the team from Hope For Horses, a club in Region 3, it went very well. Just imagine how many hours they spent practicing and coordinating to put this together, literally at the last minute. I believe they had all of 3 weeks. Great job, ladies.

We also drew the winner of the raffle ticket on Sunday during the Expo. Dorothy Foster of Oroville is the lucky person who will be spending a night at the Copper Rooster Watertower located in the vineyards of the Lodi area. Thank you Dorothy for your support; hope you have lots of fun.

The committee is working on putting the written test together and re-organizing (housekeeping issues) the Horsemastership section of the rule book.

Remember, August 1st is the deadline to submit ideas how to improve the program in resolution format. Anyone needing help with this, please let us know.

Greta De Graeve
Vice Chair

Fourth of July Parades

Redbud Fourth of July Parade—July 2nd Clearlake

Manteca Sunrise Kiwanis 4th of July Parade

Fairfield Fourth of July Parade— Fairfield

Modesto 4th of July Parade

Mayor’s 4th of July Parade— Alameda
BEATING THE HEAT

Summer is here do you know the signs of heat distress in your horse? Heat related distress in a horse occurs when a horse is producing more heat through metabolism and external factors than it can dissipate. Exercise, working a horse beyond its fitness level, confinement in hot stalls or trailers with poor air flow in hot temperatures can be causes of heat related trouble. You should avoid riding a horse when the combined temperature and relative humidity surpass 150 (Temperature plus Relative Humidity).

Stage one: Dehydration  Stage Two: Heat Exhaustion  Stage Three: Heat Stroke

Horses suffering from dehydration, heat exhaustion and heat stroke require immediate attention. Heat stroke is an emergency that requires veterinary attention. When a horse has run out of ways to cool himself, his temperature will shoot up.

Signs of heat exhaustion include a rectal temperature greater than 103°F, increased heart and respiration rates, profuse sweating, droopy ears, signs of fatigue, and dehydration with a prolonged skin tent of several seconds when the skin of the neck or shoulders is pinched.

Heat stroke is a very serious overheating condition in which rectal temperature rises above 106°F. Signs of heat stroke include rapid heart and respiratory rates that do not drop within 20 minutes of stopping exercise, whinnying and distress, marked dehydration with dry mucous membranes and a prolonged skin tent of 4 to 10 seconds, marked muscle weakness, lack of coordination, and collapse.

Warning signs that a horse's fluid reserves are running low and approaching heat exhaustion include:

- reduction or cessation of perspiration or a thickening of sweat while the skin remains hot to the touch
- a skin pinch that takes longer than six seconds to flatten or does not flatten at all
- dark and/or discolored gums and mucous membranes
- a capillary refill time of several seconds or longer
- sluggish uncoordinated movement
- an elevated but weak and irregular pulse that remains high despite rest
- diminished or absent intestinal sounds
- depressed posture, with lower head carriage
- rapid shallow breathing, called primary panting, or deep gulping air intake, called secondary panting, immediately after exercise. A horse who is blowing at a rate of around 60 to 80 breaths per minute is struggling to cool himself.

To cool an overheated horse (rectal temperature exceeding 103°F)

- Cease all exercise
- Remove saddle and pads
- Move horse to shady area out of the sun. Walk in circles if there is a breeze to expose all sides to the air flow.
- Walking a horse after work increases circulation pumps heat out of the deeper tissues to the skin for cooling.
- Provide access to cool, clean water and let them drink their fill while continuing periodic short walks. Adding ice to the water will increase the speed of cooling for very hot horses with rectal temperature exceeding 105°F. Research has shown that using ice to cool a horse is safe.
- Use a fan if available. Fans, or natural air flow, work to increase evaporation and speed the cooling process.
- spray or sponge the horse's head, back, neck, rump, and legs with cool water and immediately scrape the water off, repeating continuously until the horse is cool. It is critical to scrape the warmed water off immediately, or the water may serve as insulation and might actually increase the horse's body temperature. Cooling a horse with air temperature water all over the body is fine on a hot, dry day where water will evaporate quickly into the dry air. If it's hot & humid, use water that's lower in temperature. If the horse's body temperature is edging upward into the heat stroke zone of 106 degrees or higher, douse as much of his body as possible with the coldest water available.
- Draping wet towels over the head and neck might be counter-productive to cooling as the towels serve to insulate the horse rather than allowing heat to escape, particularly if the water on them remains warm.
- Monitor your horse's temperature as you walk & cool him. Within 10 minutes, you ought to see around a 2 degree Fahrenheit drop. Stop using the cold water once his temperature drops to 101 degrees Fahrenheit or lower, his respiration approaches normal and the skin on his hindquarters feels cool to the touch after a walking period. If the horse is not back to normal and drinking readily within an hour, then summon immediate veterinary assistance.
PEGGY NARDUCCI SILVER PARADE SADDLE & TACK AVAILABLE

The estate of long time CSHA parader Peggy Narducci has decided to sell her silver parade tack. For more pictures of individual pieces please email jskraut@ca.rr.com. If interested in purchasing please contact Ron Narducci (see below contact info)

The saddle was purchased from Edith Cain in 1984 with a bridle & breast collar. It was described as a black silver mounted saddle, bridle, & breast collar. It was believed to be an Olsen Nolte. The hip drops, breast collar, serapes, & bridle were made by Gene Rawlings, Half Moon Bay. He also rebuilt the skirts & modified the tapaderos. All of the new sterling silver was purchased from Diablo Western Silversmiths and is removeable for ease of cleaning. All engraving was done by a single silversmith so that it would all match.

The outfit was appraised by Jay Palm Feb. 2013 for $45,683 which included $27,300 in silver. Peggy paraded in Washington, Oregon, Arizona, & her home state of California. She competed annually in Silver Mounted & rode in the Tournament of Roses parade 13 times. When her parade horse Dino passed away on her 90th birthday in 2007 she retired from riding a career that began when her husband gave her a horse named Missy for her 65th birthday.

Looking for reasonable offers of cash or cash plus trade, sorry no horses.
Ron Narducci, Trustee707-781-3190 call/text e-mail: ronnar43@yahoo.com
Want to join a community to talk about events and horse related topics. Now CSHA has a Facebook group for us to form at tighter community. Getting together once a quarter is great but do we really have time to chat and discuss fun things going on with our horses? “California Horse Rider” will also be a place to introduce California equestrians to CSHA, so share, share, share!

Let’s see how many people we can reach with social media. Do you need more members participating in your events? For most of us the answer is yes. Programs and Regions have their own social media pages but are they bringing in new people? Let’s all try to post interesting things that people will make people want to be a part of our group. Also post your event flyers, pictures, etc.

Go onto Facebook and search “California Horse Rider” and request to join now!
CALIFORNIA STATE HORSEMEN’S ASSOCIATION
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What is California State Horsemen’s Association, Inc.?

CSHA was founded in 1942 for the purpose of fostering interest in all breeds of horses and forms of horsemanship throughout the state of California. CSHA has designed a wide range of programs which offer participants opportunities for growth and enjoyment regardless of their type of riding, breed of horse or experience level.

CSHA implements its programs via its 18 geographic regions throughout the State of California. These Regions have elected officers and appointed program chairs who volunteer their time to develop their respective programs and who represent clubs and individuals that participate in various programs offered by the Association.

CSHA Mission Statement:
“PROVIDING EQUESTRIANS WITH QUALITY, FAMILY-ORIENTED AMATEUR EVENTS, EDUCATIONAL PROGRAMS AND RECREATIONAL ACTIVITIES FOR ALL EQUINE BREEDS AND DISCIPLINES.”

CSHA is a non-profit 501 (c) 3 organization.

2016 STATE EVENT CALENDAR

July 16 CSHA July Quarterly Hotel de Oro Santa Nella

Aug. 6-7 CA Coto Cup Drill Team Competition, Horse Park at Woodside

Aug. 27-28 Trail Trials SCE Benefit Greenhorn Creek Guest Ranch, Quincy

Sept. 24-26 State Trail Trials Championships at Napa Skyline Park

Oct. 5-9 (SOC) 2016 State Championship Show

Nov. 9-13 CSHA Annual Convention & Meeting of Board of Directors Location Black Oak Casino Resort 1 (877) 747-8777

Join us for the California Coto Cup & Coto Foundation Scholarship Competition, Aug 6th—7th at the Horse Park at Woodside.