POISONOUS PLANTS
by Ingrid LeMasters

My two most recent campouts had one thing in common – there was beautiful vegetation growing behind the corrals, within easy reach of the horses. At Marshall Canyon, it was Castor Bean. At Montana de Oro, it was Water Hemlock. In both cases, horses were put into the corrals without their owners recognizing that the plants were highly toxic. Actually, where I normally ride, MOST of the plants are on the poisonous plants list.

Knowing which plants are poisonous to horses (or, like stinging nettle and poison oak, irritating to humans) should be a priority for all horse owners, not just for those of us who trail ride. I visited a friend last week who had Tree Tobacco sprouting next to her turn-out area. Conventional wisdom is that well-fed animals won’t eat the toxic plants. I wish I’d taken a picture of the well-cropped Water Hemlock after we moved the horse out of that stall! Fortunately, he hadn’t uprooted any plants. This is one (of many) quotes on the toxicity of the plant: The toxins are concentrated in the chambered rootstock but also occur in the leaves and stems as well. A consumption of 0.1% of body weight of the green material (leaves and stems) is lethal, however, the oil in a single bulb is enough to kill a 1600 lbs cow. There are many excellent web sites that give photos and descriptions of the poisonous plants common in California.

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Coyote Canyon Wild Horse Article / Feinstein Wilderness Bill
by Kathleen Hayden

Over 17,000 acres of Beauty Mountain grazing allotment is available to support and maintain this herd in perpetuity if our Congressmen will support a permanent sanctuary, and only if the public requests it. Otherwise this land will most likely be converted to Wilderness when the cattle allotment is retired.

The historic California Riding and Hiking Trail aka Cooper Cienaga Truck trail, lies within the allotment, allowing total access to all that may witness the restoration and management of the herd as well as multiple use recreation opportunities. We hope folks will copy us or let us know if they are participating.

It really will take lots of calls, letters, etc. to Congressmen Hunter, Issa, Bilbray and House Resources chairman Nick Rahall. If everyone would make the contact, just a few moments out of their busy schedules, we could restore this herd. The lease will expire in 2012.
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WE ARE RESPONSIBLE FOR WHAT WE DO—UNLESS WE ARE 'CELEBRITIES'

September 2008
American Horse Council

Proposed Rules Regarding the Americans with Disabilities Act
July 25, 2008

The Department of Justice has proposed new rules under the Americans with Disabilities Act (Act or ADA) to update the standards originally contained in the 1990 Act and to make the requirements "consistent with the minimum guidelines and requirements issued by the Architectural and Transportation Barriers Compliance Board" published in 2004.

The DOJ is proposing several modifications to existing definitions and requirements. A number of these changes could impact race tracks, horse shows, equestrian facilities, convention centers hosting equine events, and parks and wilderness areas.

The full text of the proposed rules can be reviewed at: www.ada.gov/NPRM2008/13NPRMfederalreg.pdf

Some of the proposed changes pertain to the potential effect on the Horse Industry; Wheelchairs - wilderness and Park Access, Stadium Seating; Ticketing; Captioning at Sporting Venues; Service Animals and Horses;

The rules are quite complicated. Please have someone familiar with the various requirements of the ADA review them and decide if they might apply to your activities.

Region Reports

Region 14

The Gymkhana held at the Yucaipa Equestrian Center was a big success. Approximately 50 riders attended this event and had fun. The event drew the attention of Staff writer Bob Otto of the San Bernardino Sun and more details can be found in the August 13 edition.

On the first Saturday - February through October - riders of all ages test their skill at various barrel and pole events. Participants show off their improved riding skills in a friendly competition, but most of all they have fun.

Editor's Note:
No other Region reported any news. Isn't there anything going on?

*****

Mark your calendars for Convention - It will be here before you know it!
2008 CSHA Convention Nov. 13, 14, 15, 16
Will be held in Modesto, California

September 2008
Did You Know?

In 1992 the CSHA High Point Paraders created a Paraders Grant. Money raised is donated to qualified organizations that work with horses and special needs people (physically and emotionally challenged children and adults). The effort has been successful and over the past years a number of Grants were given. To be eligible, organizations must provide information regarding the history of their organization and a current schedule of activities. Information is due no later than September 15th of each year. All funds collected are donated as Grants; no administrative costs.

There are many “special people” who need our help and the Paraders Grant provides a wonderful opportunity. There are many horses and people willing to spend the time and effort to help these individuals, but it takes many financial contributions to accomplish the goal.

Please spread the word and make donations payable to CSHA (California State Horsemen’s Association), earmarked for Paraders Grant. Since CSHA is a non-profit 501c3 organization, donations are tax deductible.

For more information contact Peggy Narducci, 530/758-8790.

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Excerpts from Beloved companion or Parisian dinner?
HCN (High Country News) Online – July 3, 2008 by Marty Durlin

There are right ways and there are wrong ways to dispose of an unwanted horse. One of the right ways is to let the horse die a natural death, dig a grave and backfill it with manure or compost. Another option – shipping an unwanted animal to a domestic slaughterhouse – is no longer available. Now that the domestic slaughterhouses have closed, many horse lovers argue that the situation for horses has actually worsened. Of the approx. 9.2 million horses in the U.S., some 2.3 million are in the West, mainly used in recreation and agriculture. Squeezed by rising prices and lacking a way to dispose of their animals, owners are more frequently abandoning, neglecting and surrendering their horses.

Proposed legislation would ban horse slaughter in this country, along with the export of horses to other countries to be slaughtered. The complexity of the issue has kept the bill from making it through Congress, despite support from a long list of lawmakers, including Sens. John McCain and Barack Obama.

The complete article can be found at www.hcn.org/servlets/hcn.Article?

Dog Days of Summer

Watch out for sunburn, especially on areas of pink skin, such as your horse’s nose and around his eyes. Zinc oxide cream is a good sunscreen.
Helmet Safety
by Michele Jones

A number of riders are now using helmets because they help prevent severe head injuries. Riders both young and old should be commended for their good sense. However, there are a few riders who don't know that the use of a helmet is only safe if it is worn properly.

It should sit on the head snugly without wobbling or bouncing around. Movement should not exceed a quarter inch in any direction. The helmet should never interfere with vision. **Folks, a loose helmet is much more dangerous than no helmet at all.** Please be sure to snug that helmet throat latch down and if the helmet is too big, use a smaller one or be sure to include the proper padding to ensure a snug fit. The horror of watching someone on a runaway horse while pushing a loose helmet out of their face so they can see is awful, but to watch that child catch the bill of the helmet on a highline and almost be strangled by the helmet was even more frightening. This happened at a boy scout ride just a couple weeks ago. We have all seen someone pushing their helmet or watched one bounce on someone’s head while riding at a show or playday.

Do you suggest they tighten it down? If not, why not? Those of you who are show managers need to watch for children with loose helmets and ask their parents to fix them before they enter an arena. Let’s prevent the accident before it happens here.

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**Dog Days of Summer**

Provide plenty of clean water and observe that the horse is drinking plenty. Even if he needs it, he might not drink water that’s gotten hot and yucky.

In some areas the fly issues are worse than they have been all year! Please be diligent with cleanliness—horses and facilities, as well as with insect repellents. Keep your fly sheets and masks as clean as possible and check regularly for stickers and other little poke’ms which could cause some serious issues for your horses.

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**WEST NILE**
by Sydney Cutting

Heard on the television news last night there are now 122 confirmed human deaths in California due to West Nile this year.

Please vaccinate your horses, or booster, if you have not already done so. Remember to check for those little puddles of water. It takes less than a teaspoon of water for those bugs to multiply! I have discovered just such little “pools” in places like canna flower leaves (being filled by my automatic sprinklers) corn stalks, flower pot saucers, rain gutters, and even a sippy cup set aside by one of my grandchildren! Absolutely amazing just how fast those tiny “pools” of water start being breeding grounds.

If you have abandoned homes/property in your area, please ask mosquito vector for your county (or health department) to check these areas for same. If you are going away for a bit of time, ask the persons who are caretaking your place to please be as diligent as you are about checking for these water traps!

September 2008
# Calendar of Events

## September

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Contact</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Norco Labor Day Parade</td>
<td>951/787-2581</td>
<td>Judge: Miller</td>
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<tr>
<td>6/7</td>
<td>Region 2 Trail Trials at Meadowbrook</td>
<td>550/345-5028</td>
<td>contact: Patty Walters</td>
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<tr>
<td>6/7</td>
<td>Trail Trials at Marshall Canyon</td>
<td>909/489-5470</td>
<td>contact: Davey Ewbank</td>
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<tr>
<td>14</td>
<td>San Jose Patrias Parade</td>
<td>408/288-9470</td>
<td>Judge: Machlan</td>
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<tr>
<td>14</td>
<td>Mendocino Co.</td>
<td>707/895-3071</td>
<td>Judge:</td>
</tr>
<tr>
<td>20</td>
<td>Simi Valley Days Parade</td>
<td>805/581-4280</td>
<td>Judge: Machlan</td>
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<tr>
<td>20</td>
<td>City of Duarte Parade</td>
<td>626/260-0993</td>
<td>Judge: White</td>
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<tr>
<td>28</td>
<td>Craig Cameron horsemanship clinic</td>
<td>550/347-0212</td>
<td>Cottonwood Creek</td>
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<td>27</td>
<td>Madera Parade</td>
<td>559/678-5871</td>
<td>Judge: Lawellin</td>
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<tr>
<td>27</td>
<td>Walk with Rock (Percheron)</td>
<td>707/432-0152</td>
<td>Lynch Canyon</td>
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<tr>
<td>27/28</td>
<td>Championship Trail Trials</td>
<td>550/662-7616</td>
<td>contact: Diane Medlock</td>
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## October

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>12</td>
<td>Rio Vista Bass Derby</td>
<td>707/874-2700</td>
<td>Judge: Lawellin</td>
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<tr>
<td>12</td>
<td>San Francisco Columbus Day</td>
<td>415/467-8218</td>
<td>Judge: Thornton</td>
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<tr>
<td>25</td>
<td>City of Fullerton Parade</td>
<td>550/662-7616</td>
<td>Judge: White</td>
</tr>
<tr>
<td>25</td>
<td>Trail Trials clinic Region 8</td>
<td>550/662-7616</td>
<td>contact: Diane Medlock</td>
</tr>
<tr>
<td>26</td>
<td>Trail Trials Napa Skyline Park</td>
<td>550/662-7616</td>
<td>contact: Lori Cleveland</td>
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## November

<table>
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<th>Date</th>
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<th>Contact</th>
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<tbody>
<tr>
<td>1</td>
<td>Mariposa Trail Trials</td>
<td>951/943-6608</td>
<td>Judge: Vicki Kardel</td>
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<tr>
<td>8</td>
<td>City of Perris Parade</td>
<td>951/943-6608</td>
<td>Judge: White</td>
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<tr>
<td>9</td>
<td>San Francisco Parade</td>
<td>415/467-8218</td>
<td>Judge: Thornton</td>
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<tr>
<td>11</td>
<td>Livingston Parade</td>
<td>209/394-2059</td>
<td>Judge: Lawelinn</td>
</tr>
<tr>
<td>11</td>
<td>Fairfield Parade</td>
<td>707/428-7588</td>
<td>Judge: Cipro</td>
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## CSHA Convention

<table>
<thead>
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<th>Date</th>
<th>Event Description</th>
<th>Contact</th>
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<tbody>
<tr>
<td>22</td>
<td>Pico Rivera Anniversary Parade</td>
<td>951/943-6608</td>
<td>Judge: White</td>
</tr>
<tr>
<td>28</td>
<td>East LA Christmas</td>
<td>310/534-4240</td>
<td>Judge: White</td>
</tr>
<tr>
<td>29</td>
<td>Lakeport Parade</td>
<td>707/268-5092</td>
<td>Judge: Cipro</td>
</tr>
</tbody>
</table>

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September 2008
Calendar of Events

December
5  Atwater Night Parade  209/858-4251
   Judge: Lawellin
5  Kelseyville Parade  707/995-2515
   Judge: Cipro
6  Guerneville Holiday  707/869-3533
   Judge: Thornton
6  Riverbank Christmas  209/898-7122
   Judge: Lawellin
6  Manteca Christmas  209/823-6121
   Judge: Lawellin
6  Palm Springs Parade  760/285-1739
   Judge: White
6  Los Gatos Christmas Parade  818/489-6423
   Judge: Webb
14  Chatsworth Parade  818/489-6423
   Judge: Machlan
20  Benicia Christmas Parade  707/735-9791
    Judge: Thornton

2009 Events
April
25  Championship Parade in Winters
May
2/3  Trail Trials Whiskeytown
     contact: Fred Carrero  550/275-2757

What is it, a handkerchief, neckerchief, bandanna, wipe or what??
Once a feller asked me why a cowpoke always wore a red or colored bandanna around his neck. So I told him what for, such as ...

Tie down hat as ear laps
Face mask -- for hornely fellers
Pull over nose when cold
Table cloth – on the trail
Napkin for under yore chin

Carry water to yore hoss
Clean yore sixshooter with
Face towel – to wipe yore face with
Wrap yore leg if yore boot chafes yuh
To protect back of neck from sun, bug

Makeshift for handkerchief
Spread on water to drink through
Tie up a sore hand or leg
Keep mosquitoes away
Rinse out horse’s mouth

Toilet paper in a pinch
Leave on a bush for a sign
Write a note or letter on
Wrap up a little animal, maybe
Start a fire with in a pinch

As a belt around yore belly
Hang under Stetson as a sun shade
Feed oats to yore hoss in
As a compress for a wound
Hogtie a critter with it

Use as pants if you wet yours
Wave as a signal
As a hackamore
Wrap up lunch , if you got one
Wash cloth – should yuh ever wash

To set in the sand on
A makeshift piggin’ string
Catch rain water to drink
Tote firewood in
Use for mittens on a cold day

CALLING ALL CANDIDATES.
IF YOU WOULD LIKE TO HAVE 150-200 WORDS IN THE OCTOBER ISSUE, I’LL BE HAPPY TO ACCOMMODATE YOU. JUST SEND THE INFORMATION, I’LL COUNT THE WORDS., IF NECESSARY.
GRETA DE GRAEVE, 7717 VISTA VERDE, SACRAMENTO, CA 95828.

September 2008