



# THE NEW HORSEMAN

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## It's been how long?

In 1992 Irene Bauman and her committee of 4 established some basics for a fun program geared towards family participation and enjoyment. In 1993 a modest attempt was made to fund this program. The result - Taylorsville!

After the death of Irene, Nadette Raymond picked up the reins, recruited competent and loyal assistants and persistently made this event grow.

It has now become a tradition riders and volunteers alike enjoy and look forward to attend.

This year was no exception. Saturday had over 70 riders and Sunday over 60 riders were in attendance. a ride and tie event going on at the same time caused some raised eyebrows, but not much more. Everyone had a good time (How can you not, it's Taylorsville!) and participated readily in the surprise for Nadette and John and Meg Castrop.

After 15 years (there's the answer to the headliner) Nadette is retiring from this event. The belt buckle and chair are well deserved, although it is doubtful she'll sit still for very long.

Thank you Nadette, enjoy your "retirement".



## Memories

Here's a plea from Patti Souza who is trying to organize CSHA's history. There are several gaps that need to be filled. Is anyone out there who can assist her? articles, flyers, picture, etc., anything is welcome. Don't have anything but memories? Put them into words and get them to Patti.

Do you remember any of the Blue Ribbon Shows or Conventions? Who were the founding clubs? How did YOUR Region come into existence? Did you participate when a program first first started or was in its trial stage? Who did what, when, where?

Patti has taken on a great challenge, but she can't do it alone. Although Patti has been active in the Association for a very long time, she can't be everywhere at the same time. Remember, today's news is tomorrow's history.

Patti Souza  
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**ONLY HORSE PEOPLE BELIEVE IN THE 11TH COMMANDMENT: INSIDE LEG TO OUTSIDE REIN.**

## Where do we go from here?

by Jim Hendricksen  
Central Area Vice President

History is a great thing. It gives us purpose and direction. It chronicles an Organization and gives value to the efforts of those that have gone before us. At this point in time CSHA has over 65 years of history. We have gone through many changes and down many trails to reach this point. Somewhere along the trail we have lost focus and allowed the "Us" and "Them" to enter Our Organization. CSHA needs to return to the "WE".

Since California is over 1200 miles in length, CSHA has a great challenge to keep a State organization running well and meeting the needs of its membership. At the July Quarterly we were made aware of concerns that sections of the state do not have adequate communications; thus a "them" and "us" designation can prevail. We need to return to "for the good of the order" as an attitude and create positive solutions. Don't approach new ideas with "we can't" or "it'll never work". Let's get creative, think outside the box.

We need to ask "what is good for the Organization" as a whole. How can we energize the "horsepower" we have and foster that for the future of our "Horse Communities"? We are all trying to preserve that part of our history, tradition and lifestyles of the horse world. However, for communications we need to utilize every tool we have. Not everyone is on the internet, so some tried and true methods, like our newsletter, need to be utilized to get the word out. We also need to realize that communication needs to be both ways.

I have used the statement "an idea not communicated, is an idea lost forever." Will all of our ideas work? Probably not, some may be specific to an area or region. The idea still needs to be presented, given an opportunity and something even better may come of it.

If we all work together, we can continue to add to the history in a positive manner.

## Feedback wanted

At the July quarterly meeting various methods of communication were discussed. Some suggested that a website, if kept current, would suffice, others were of the opinion that something printed would get more attention. There are many pros and cons for both sides. On one hand there is the convenience of the "instant" access through computer, but what if there is no computer available when you need to look something up? What about the newsletter as a means of letting prospective members know who we are and what we do? Does a newsletter help you when you try to get sponsors?

Then there is the cost of producing and mailing any newsletter. What is your opinion, what is your pleasure?

----- please use to show your preference -----

Name: \_\_\_\_\_ Region \_\_\_\_\_

Mail \_\_\_\_\_ Website \_\_\_\_\_ Other suggestion: \_\_\_\_\_

# Region Reports

## **Region 1**

PRDC Senior Drill team took second place in Reno in the Senior Division and second place in the Reno Parade too.

They are now getting ready for the WSEDTA competition in Santa Rosa at the end of September.

We are excited to have a few sponsors come on board for our Gymkhana program who are going to help make this a successful year.

Trail Trials at Lake Sonoma was well attended. As always, Lori Cleveland, Sue Edwards and Carolyn Barnes' excellent team work made this a fun event. Clean air, varied terrain and realistic obstacles contributed to the enjoyment.

## **Region 3**

Sacramento Horsemen are making the clubhouse patio ADA accessible. To insure not only the functionality of the new patio but also retain its charm, the new patio will have a brick edging. Of course this inspired a fundraiser and the bricks will be available for purchase. \$85.00 will insure that "your" brick -personalized of course- is included.

California Rhythm Riders are working on a new drill and hope to present it to the public at their performance for Ride and Shine later in the year.

## **Region 18**

Richard Winters returns to Cottonwood Creek Equestrian November 8 & 9, 2009 for his Advancing Horsemanship Clinic. This year he will play with cows one day. Maximum of 15

## USEF Equine Drugs and Medication Program

Drugs and medications are classified by the USEF's Drug and Medications Rule as being permitted, restricted or forbidden.

**Permitted** substances include de-wormers, antibiotics (except procaine penicillin), anti-fungals, anti-protozoals, vitamins, electrolytes and anti-ulcer medications.

*Caution:* Some herbal or natural products are the source for pharmacologically potent forbidden substances such as cocaine, reserpine, marijuana, etc.

**Restricted** medications include specific non-steroidal anti-inflammatory drugs, muscle relaxants and dexamethasone. Restricted drugs are allowed to be present in the horse at the time of competition, provided they do not exceed the levels specifically set for each drug. Very specific dose and time recommendations are published for all restricted medications to aid competitors, trainers and veterinarians in maintaining compliance with the USEF's drug rules.

**Forbidden** medications and substances include those that may affect the cardiovascular, respiratory, or central nervous system or have a behavior-altering effect. This includes any stimulant, depressant, tranquilizer, local anesthetic, psychotropic substance or drug that might affect the performance of a horse and/or pony, including corticosteroids corticosteroids and analgesics. Some forbidden medications may be used for legitimate emergency treatment if proper steps are taken.

These recommendations can be found in the Federation's *Drugs and Medications Guidelines* pamphlet. (800) 633-2472

## Southern Drawl

The Southern Regions had requested that President Adams, First Vice President Jenkins and the three Area Vice Presidents meet with them "in the South" to discuss areas of concern.

The biggest concern is communication. Information from CSHA does not filter through to clubs and members; members seeking information have difficulty obtaining this in a timely manner. Possible solutions discussed are more frequent updates of the website. The monthly CSHA newsletter might also be used as communications tool.

The CSHA website is considered rather bland. It was suggested that State programs might be highlighted on the home page on a rotation basis.

Trail Trials seems to be doing well; TRAP is catching on slowly, but the Gaited Horse program and the Endurance program need to be promoted more.

Gymkhana results in Southern California seem to get out slow. Information to and from the Rating Secretary are viewed to take a long time. Maybe the system could be improved?

Paraders also had some concerns. The established process for the State Parade is sometimes hard to follow, since Cities usually hold the parade. Parade chairs are encouraged to contact cities in their area who have parades and see if these cities can be persuaded to submit a bid to hold the State Parade. Cities who are currently not CSHA approved may want to come aboard; it may also bring in more participants.

The Show of Champions was also brought up. Admittedly it is a hardship on participants at the extreme end of the State, and until a facility is found that is large enough and centrally located, a few options will be investigated. They are, either rotate the Show of Champions just like Convention, or hold mini events to establish area champions, who would then compete for the State title.

All points were brought up at the July quarterly meeting. All members present at the Board of Directors meeting were asked for input on how to overcome the perceived barrier between "the North" and "the South".

### Some Travel Tips to minimize stress when transporting horses.

Teach your horse to load calmly well in advance of the event. Even if you never plan to travel with your horse, practice this several times a year, it may come in handy in an emergency.

Keep the trailer in good repair and clean condition. Ensure the tow vehicle is well maintained to avoid breakdowns. It is essential that the exhaust system is in good repair and fumes are expelled to the side of the vehicle. Fumes emitted straight back under the trailer may lead to carbon monoxide poisoning.

Drive "passenger friendly". Practice slow take-offs. Careful braking and smooth cornering are key elements to towing a trailer in a responsible manner. Always think ahead.

# Calendar of Events

## August

- 2 La Habra Parade 310/537-4240  
Judge: TBA
- 2/3 Trail Trials at Cuneo Creek  
contact: Renel Nordeman 707/768-2003
- 16/ Region 3 Trail Trials at Euer Valley  
17 contact: Lynn Matranga 916/927-1016
- 17 Open Schooling Shows, Paradise  
contact: Pamela Hartley 530/872-3625
- 17/ Silver Lake Trail Ride Plasse's Resort  
22 contact : Judy Meeks 209/532-5858
- 24 S.Clara Co. Trail Trials  
contact: Norma Tucker 408/268-0318
- 31 Newman Fall Festival Parade 209/862-3612  
Judge: Lawellin

## September

- 1 Norco Labor Day Parade 951/737-2531  
Judge: Miller
- 6/7 Region 2 Trail Trials at Meadowbrook  
contact: Patty Walters 530/345-3028
- 6/7 Marshall Canyon Trail Trials  
contact: Davey Ewbank 909/489-5470
- 14 San Jose Patrias Parade 408/288-9470  
Judge: Machlan
- 14 Mendocino Co. Fair Parade 707/895-3071
- 20 Simi Valley Days Parade 805/581-4280  
Judge: Machlan
- 20 City of Duarte Parade 626/260-0993  
Judge: White
- 27 Madera Old Timers Parade 559/673-5871  
Judge: Lawellin
- 27/ Championship Trail Trials  
28 contact: Diane Medlock 530/662-7616

## October

- 4 Tustin Tillar Days Parade 951/789-0652  
Judge: White
- 4 West Point Lumberjack Day 209/293-4325  
Judge: Lawellin
- 11 Ukiah Pumpkin Fest Parade 707/463-6701  
Judge: Thornton
- 11 City of Bellflower Parade 310/537-4240  
Judge: White
- 12 Rio Vista Bass Derby Parade 707/374-2700  
Judge: Lawellin
- 12 San Fran Columbus Day Parade 415/467-8218  
Judge: Thornton
- 25 City of Fullerton Parade  
Judge: White
- 25 Trail Trials clinic Region 3  
contact: Diane Medlock 530/662-7616
- 26 Trail Trials Napa Skyline Park  
contact: Lori Cleveland

## November

- 1 Mariposa Trail Trials  
contact: Vicki Kardell
- 8 City of Perris Parade 951/943-6603  
Judge: White
- 9 San Francisco Parade 415/467-8218  
Judge: Thornton
- 11 Livingston Parade 209/394-2059  
Judge: Lawellin
- 11 Fairfield Parade 707/428-7538  
Judge: Cipro
- 22 Pico Rivera Anniversary Parade  
Judge: White

# Calendar of Events

## November continued

- 22 Lakeport Parade 707/263-5092  
 Judge: Thornton
- 23 East LA Christmas Parade 310/537-4240

## December

- 5 Atwater Night Parade 209/658-4251  
 Judge: Lawellin
- 6 Guerneville Holiday Parade 707/869-3533  
 Judge: Thornton
- 6 Riverbank Christmas Parade 209/863-7122  
 Judge: Lawellin
- 6 Manteca Christmas Parade 209/823-6121  
 Judge: Lawellin
- 6 Palm Springs Parade 760/285-1739  
 Judge: White
- 6 Kelseyville Parade 707/995-2515  
 Judge: Cipro
- 6 Los Gatos Christmas Parade  
 Judge: Webb
- 7 Downey Holiday Lane Parade 310/537-4240  
 Judge: White
- 7 Granada Hills Holiday Parade 818/368-3235  
 Judge: Machlan
- 13 City of Perris Christmas Parade 951/928-1800  
 Judge: White
- 13 Woodland Christmas Parade 530/662-7327  
 Judge: Lawellin
- 13 Lathrop Christmas Parade 209/601-7636  
 Judge: Lawellin
- 13 Compton Christmas Parade 310/605-6323  
 Judge: Machlan

- 14 San Fernando Parade 310/537-4240  
 Judge: White
- 14 Chatsworth Holiday Parade 818/489-6423  
 Judge: Machlan
- 20 Benicia Christmas Parade 707/745-9791  
 Judge: Thornton

## 2009 Events

### May

- 2/3 Trail Trials Whiskeytown  
 contact: Fred Carrero 530/275-2757



Does your Region or your club have any upcoming events? This would be a good place to list them. Please let me know the date, event, contact person and contact telephone number and the event will be listed.

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