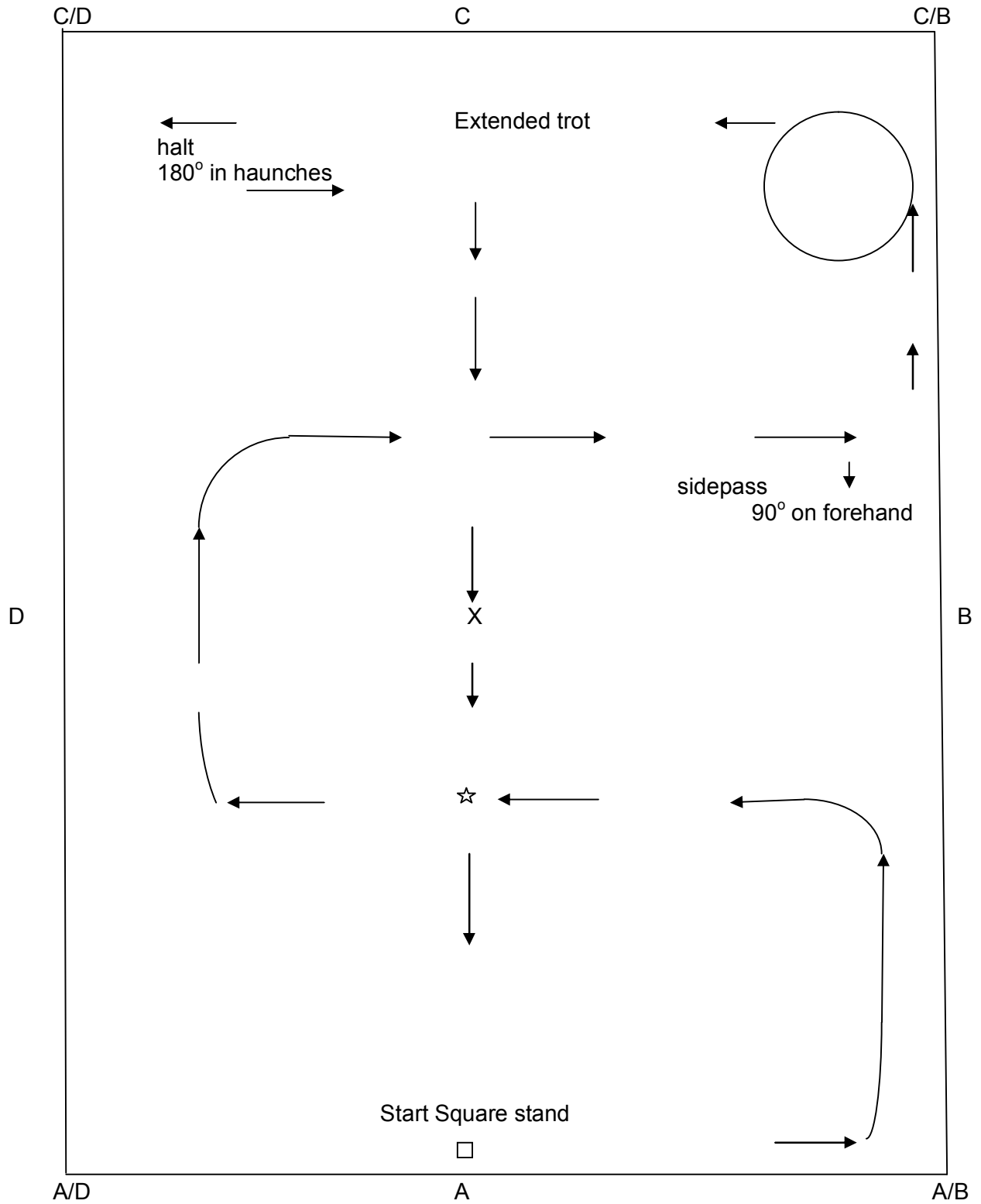


WESTERN AND GYMKHANA HANDS AND SEAT PATTERN



WESTERN AND GYMKHANA HANDS AND SEAT INSTRUCTIONS

A rider and mount position in square stance. Acknowledge judge, walk 3 strides, slow lope on left lead towards A/B

Continue lope, make 2 loop serpentine with appropriate lead changes (**simple** changes through no more than 2 strides, **or flying** lead changes). Halt at B


B sidepass right 4 steps, settle, turn 90 degrees on forehand.

Slow jog towards C/B then slow lope 20 meter circle to the left. After completion of circle, **extended lope** to corner. Halt.

Back 4 steps, settle.

180 degrees turn on haunches, extended jog to C

C slow jog, turn right towards X

X drop stirrups continue slow jog to,  . Halt

 Walk to A

A Pick up stirrups, acknowledge judge, exit arena on loose rein.