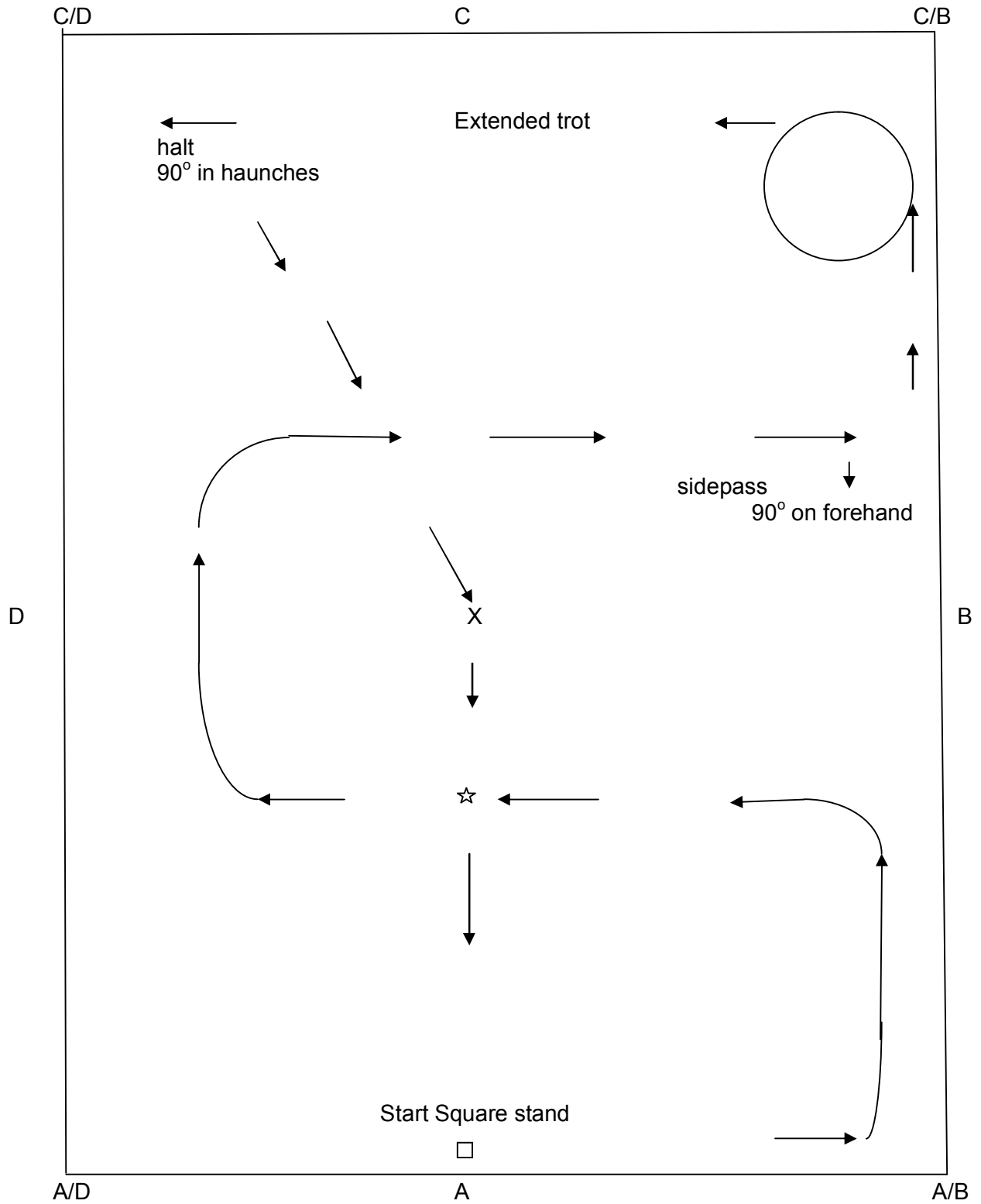


Horsemastership: **ENGLISH HANDS AND SEAT PATTERN**



ENGLISH HANDS AND SEAT INSTRUCTIONS

A rider and mount position in square stance. Acknowledge judge, alert walk 3 strides, canter on left lead towards A/B

Continue canter, make 2 loop serpentine with appropriate lead changes (**simple** changes through no more than 2 strides, **or flying** lead changes). Halt at B

B sidepass right 4 steps, settle, turn 90 degrees on forehand

Working trot, **sitting** towards C/B then canter 20 meter circle to the left. After completion of circle, **extended trot**, rising, to corner. Halt.

Rein back 4 steps, settle.
90 degrees turn on haunches

Leg yield at walk to X

X Halt, drop irons, working trot, rising to 

 Walk

A Pick up irons, acknowledge judge, exit arena on free rein.